Education Initiatives

● **COMMUNITY HEALTH IMPROVEMENT PLAN**

CHIP ....

" Working together to improve community health.

Healthy St. Clair County

● **ENVIRONMENTAL HEALTH**

STORMWATER ....

" Protecting water starts with education. Free programs for K-12 education.

STORMWATER
KEEP IT CLEAN

● More Information

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🌐 scchealth.co

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Port Huron, MI 48060

Program Descriptions

SCAN HERE!

Programs

There are many reasons the St. Clair County Health Department should be the first choice for educational programs. These are just a few:

✓ **INFORMATIVE**

Programs consistently receive exceptional reviews. They are tailored to the audience and presented by a professional.
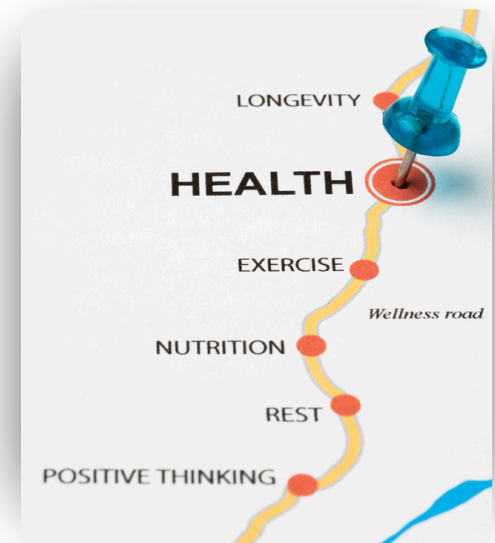
✓ **FLEXIBLE**

Programs can be brought to a variety of locations. Hybrid and virtual options are available. Lessons are 1 one hour in length.

✓ **NO COST**

Free programs that engage diverse audiences.

Health Education PROGRAMS

LONGEVITY

HEALTH

EXERCISE

Wellness road

NUTRITION

REST

POSITIVE THINKING

Dedicated to supporting the health, safety, and well-being of the community.

ST. CLAIR COUNTY **HEALTH DEPARTMENT**
Our Community. Our Environment.

scchealth.co

HEALTHY LIVING

Lessons designed to empower individuals to lead healthier lives.

✓ **Bloodborne Pathogens**

Basic training for non-healthcare staff. Occupational Safety and Health Administration (OSHA) requirements are also taught.

✓ **Contraception**

Participants learn about birth control, family planning methods, and how to access services.

✓ **Hygiene**

Teaches basics of personal hygiene, cleanliness, and infection prevention.

✓ **Navigating Healthcare**

Topics include how to obtain health insurance, establishing primary care, and tips for talking to the doctor.

✓ **Sexual Health, STIs**

Educates about transmission, common types, symptoms, treatment options, testing, risk reduction and prevention.

PUBLIC HEALTH

Education about public health services and the importance of public health within our community.

✓ **Programs and Services**

Discover programs and services available to residents and receive help with enrollment.

✓ **History of Public Health**

Learn the historical impacts, prominent events, and notable achievements in the public health field.

SUBSTANCE USE

Learn how substances affect individuals and the communities in which they live.

✓ **Cannabis Risks**

Participate in hands-on activities to stimulate the impairments associated with cannabis use.

✓ **Emerging Drug Trends**

Learn about current trends in substance use, misuse and disorders among adolescents. Includes information about recognizing and responding to signs and symptoms of substance use disorders.

✓ **Talking to Teens**

Presentation empowers parents to identify drug use in their teen(s) and ways to talk to them about prevention, treatment, and recovery.

✓ **Vaping and Opioids**

Program provides a basic overview of trending products. Content includes health and social risks of use.

ENVIRONMENT

Programs focus on the health impacts of the environment around us.

✓ **Allergies and Asthma**

Overview of disease processes and management. Learn how to respond to anaphylaxis and/or asthma attacks. Includes EpiPen™ demonstration.

✓ **Bed Bug Awareness**

Focuses on biology, behavior, how to identify bed bug infestations, outbreak prevention, and treatment.

✓ **Head Lice and Scabies**

Educates about recognizing signs and symptoms of contraction. Treatment, management and prevention are also taught.

✓ **Waste Removal**

Teaches best practices for collecting waste and hazardous materials.

DATA INSPIRED

Using data and current trends to create meaningful programing.

✓ **CHIP Data**

Explore the Community Health improvement plan. Several learning opportunities are available:

- ✓ General Overview
- ✓ Mental and Behavorial Health
- ✓ Obesity and Associated Behaviors
- ✓ Substance Use

✓ **MiPHY**

Explore the Michigan Profile for Healthy Youth, MiPHY, data collection process. Become familiar with health trends and patterns to better inform decision-making and strategies.